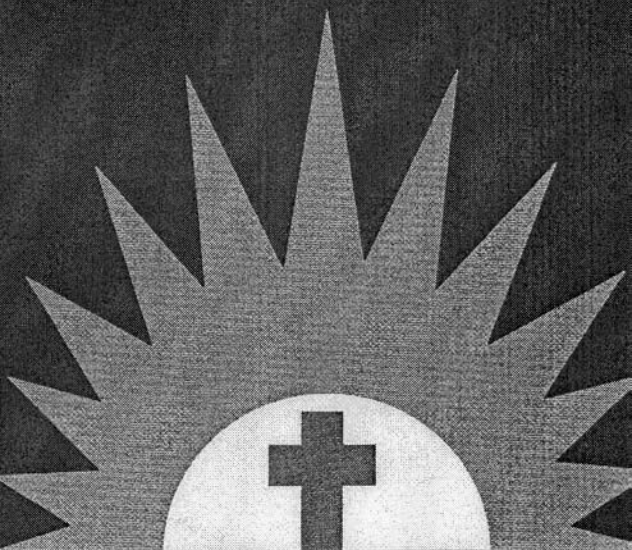




Today & Tomorrow

A. K. Mozumdar



TODAY AND TOMORROW

(Physio-metaphysics)

An experimental textbook

of

The New Messianic World Message

by

A. K. MOZUMDAR

TODAY AND TOMORROW

BY
A. K. MOZUMDAR

Author of

THE LIFE AND WAY SERIES
THE CONQUERING MAN
THE MYSTERY OF THE KINGDOM
THE TRIUMPHANT SPIRIT
THE COMMANDING LIFE
CHRIST SPEAKETH
ETC.

P U B L I S H E D P R I V A T E L Y

Copyright, 1945, by A. K. Mozumdar
All Rights, Including Translations, Reserved.
Printed in the United States of America

This book is lovingly dedicated to all the students, teachers and practitioners of The New Messianic World Message for their daily study, meditation, practice and field work. It is written in the form of memorandums.

THINGS TO BE REMEMBERED

Always watch your mind and see what you make it accept or reject. Your present and future depend upon it. Your physical body cannot manifest any condition without your conscious and subconscious anticipation, susceptibility and acceptance.

* * *

Hold the mental picture that the Ever-active, Super-conscious God within you is working for your betterment day and night, and you will not lack health, happiness, peace and power. Do not be afraid; your God has provided a solution for your every problem. Look for it.

* * *

When you step out of your own Life—the Power that animates your mind and body, you are confronted with a whimsical imaginary God that forever eludes you. But when you turn to your own Life with Its conscious and Super-conscious aspects, that is, human and Divine, you find your God within yourself closer than anything else. Only through your believing mind can your Super-conscious God work directly in you. Always identify yourself with your indestructible Life and your fear of physical danger and fatality will disappear. You will find a great mental up-

lift and freedom in the thought that your body may be affected by a negative condition, but you as the Power back of your mind and body, are never affected.

* * *

That which you do not want to happen, reject with all your heart and with all your might. That which you want to happen, welcome with all your heart and with all your might. You are the conscious aspect of the Super-conscious God Who dwells within you. It is the will of God that you enjoy all the good things of life with those whom God has ordained for you.

* * *

In the world of All-pervading, Indestructible, Positive Substance, you are entitled to make light of all negative conditions. They are temporary and unreal. They too shall pass away. If you do not nurse it, that which you create through your false belief, dies of its own accord. In the meantime, dare and do all the good that you can for yourself and your fellowmen. God will solve all your problems in His own way. Have no fear.

A. K. M.

* * *

"Prove all things; hold fast to that which is good."—Thessalonians 5:21.

CONTENTS

We Rise Again	- - - - -	11
The Gods of Your Imagination, and The True God	- - - - -	19
You and Your Mind	- - - - -	29
The Mysteries of the Dead Past and The Living Present	- - - - -	36
Phenomena and Training of Mind	- - - - -	40
Amulet or Charm, and The Illumined Faith	- - - - -	51
Man and His Providence	- - - - -	57
The Voice of God and How to Make Mind and Body New	- - - - -	64
Divine Protection and How to Obtain It	- - - - -	80
Through the Rainbow Trail	- - - - -	82
Christ and The New Message	- - - - -	89
Miracles of Agreement	- - - - -	111
Divine Fatalism and How to Ride With The Angels of God	- - - - -	120
My Call	- - - - -	127

WE RISE AGAIN

Today we do not look back over our dead past. Yesteryears have gone forever beyond all recall. We live now in today's dreams and realization, and tomorrow's happy, active anticipation.

We are all creatures of habit. What we nurse, believe and constantly vision grows in us and becomes a dominating factor in our life. If we nurse health, happiness and loving kindness, they become our bosom companions. On the other hand, if we nurse disease, discomfort, morbid thoughts of the struggles and strifes of yesterday with various excuses, they become our cruel and exacting masters. They all cut habit tracks through our mind and impel us to act through their appropriate channels.

When we constantly dwell upon our past, we gradually form the habit of looking backward, and thus we lose the perspective of the road that lies before us. Our hope,

faith and trust always march ahead of us. They ever beckon us toward the world that is continually unfolding before our vision. The longer we linger in a place the more involved we become, and the harder becomes our journey. We are living in an ever moving world. We must move forward, or else we will be the victims of stagnation.

Some people complain they cannot break the shackles of their past and that they are too weak to make any such attempt. It is not true; it is merely their excuse to remain where they are. They are afraid to let go of their past traditions and past beliefs. They are afraid to cut adrift into the unknown. Ignorance and superstition on one hand and mental lethargy on the other are keeping them where they are, and yet they complain of their negative conditions as being unchangeable. They willingly harbor beliefs which do not require very much effort to maintain. Some people even simulate some negative conditions to defend their mental lethargy. For instance, once a healthy looking man

was suffering from an unknown malady, which no physician was able to diagnose. One evening a Hindu ascetic who was passing by stopped over at his house. At the very sight of him, the sick man began to groan and moan to get his sympathy. When he did not succeed, he asked point blank, "Master, what is ailing me? No one seems to know. Can you tell me what is the matter with me?" Without so much as a glance at him, the ascetic replied, "Yes, laziness, sheer laziness." The man was shocked and indignant at such a blunt statement. He put up a stiff argument to prove that he was really sick. The ascetic stood his prattle as long as he could. Then he sharply rebuked, "There could not be anything wrong with a man with your appetite. Now go and leave me alone." This violent jolt completely upset him. But strange as it may seem, from that moment on he began to get well. The point I was going to make was that many of our diseases are caused by our mental laziness, due to an unhealthy state of mind. And we find various excuses to support our mental lethargy.

Some people become ill because they are mentally too lazy to remain well. Some people when ill remain sick because they are too lazy to get well. Then there are those who become sick by brooding over their past mistakes and the haunting fear of future retributions. One astounding fact is, it doesn't require much effort to indulge in such mental dissipation. Once a man remarked, "I sincerely pray to the Lord. Why cannot I receive His help?" I replied, If you ask the Lord, you will hear Him say, "YOU HAVE FALLEN INTO A RUT —YOU HAVE GOTTEN INTO A STATIC STATE. THEREFORE YOU THINK OF ME AS A STATIC GOD. YOU FAIL TO SEE ME AS AN EVER-ACTIVE, CREATIVE PRINCIPLE. SINCE THE VERY BEGINNING OF YOUR HUMAN EXISTENCE, I HAVE NEVER CEASED TO ACT. I AM FOREVER ACTING TO IMPROVE YOUR LOT. I AM ACTING WITHIN AND WITHOUT YOU ACCORDING TO YOUR BELIEFS AND MENTAL PICTURES. VISION ME THUS AND FIND ME IN YOUR ACTIONS, AND YOU

WILL NEVER FEEL FORLORN AND FORSAKEN. EVERY MOMENT, EVERY HOUR AND DAY, I AM IMPROVING YOUR BODY AND MIND. ACCEPT ME AS SUCH AND YOUR ILLUSION OF STAGNATION WILL DISAPPEAR. YOU WILL FEEL MY ANIMATION THROUGH YOUR BODY AND MIND RENEWING AND REVITALIZING THEM. THEREFORE, LET GO OF THE PHANTOMS OF THE DEAD PAST. BELIEVE ME AS AN EVER-ACTIVE GOD OF TODAY AND TOMORROW, FOREVER MOVING YOU FORWARD."

We are always worshipping a passive God instead of an Ever-active, Dynamic Principle. We are holding on to the belief that our heartaches, disappointments, sorrow and misery are some kind of retribution which cannot be avoided. As long as we are chained down to such a belief, we cannot hope to find release. When an adverse condition strikes us, we become beset with worry and fear. Yet freedom and release are so near that it requires but a slight change of view to attain them. But

our past will not let us assert ourselves and consequently we cannot move forward. Thus we have learned to accept stagnation and death as inevitable.

Some people are always afraid of losing something. They do not know that nothing is lost in God's Illumined Presence. That which man loses here, he can find again in God. Yet many wayfarers follow devious paths to avoid the Universal Law and Order. Driven by insatiable greed and selfishness, they become lost in the wilderness of their own mental confusions and misconceptions. Sooner or later, the Pathfinder brings them all back to the right path. Thus every child of God finds his way somewhere in this vast cosmos on his homeward journey. As there is but one God, so there is but one safe road that leads all men Godward. It is the road of renunciation of human personality through self-surrender; it is the road where man drops his burden of cares and worries and feels free to move forward.

Do you not drop your burden when it becomes too heavy for you to carry? Why

then can you not drop your mental burden? You say it is difficult, I agree with you. But when you say, who else will carry my burden if I do not do it myself, here I disagree with you. Something that has carried you this far out of the Womb of Eternity, will also carry your burden. Simply ask It to do it for you, believe, and It will do it for you. This Something is intimately bound up with your mind and body—It is your very Life. When you are conscious of It and depend upon It, you let go of the shadow and hold onto the Substance. Then you realize why a Son of God once said, "COME UNTO ME ALL YE THAT LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST * * * FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT." Whatever means and methods we adopt to inherit the Kingdom of God, become our lord and master. If we depend upon a certain food, drink or ritual for spirituality, sooner or later it controls our thought habit. Gradually it becomes our burden and task master by creating an obsession. If we believe in God,

Who has manifested us, and let Him lead us to that sublime spiritual height to which we all aspire, we will have no burden to bear. This realization made Jesus the Christ the greatest of all Masters and Teachers who came to lead humanity Godward. He inferred that all gifts of God should be used in moderation with a thankful spirit according to one's normal needs and no more.

THE GODS OF YOUR IMAGINATION, AND THE TRUE GOD

It has been asked, have not human beings created their Gods in their own mental images throughout all the ages? If this is true, how could the Gods of their own creation ever help them? Is it not also true that the various peoples have been fighting over the Gods which they have created? I grant you it is true. Yet something tremendous has come of it. Through this making of Gods, men have risen gradually to a higher level of consciousness. And the True God has always worked through their believing minds. There is a True God hidden behind these make-believe or imaginary Gods. This God has been revealing Himself through the human mind according to its receptivity. The purer the mind, the clearer have been God's revelations. The urge to create a God has always come to man from the

True God. You may call this urge man's primordial instinct.

But true to human psychology, man has made his God difficult of attainment. Furthermore, he has endowed Him with all of his human sentimentality, passions and caprices. Even through all those various concepts, an Inner Voice has always spoken to him and directed him out of the wilderness of his confusion. Then came the scientific age. Man challenged this Inner Voice and called it mental delusion. He relied entirely on his reason. What did he find? A godless universe, a product of chemical hodgepodge. Can you imagine the self-conscious reasoning, thinking, determining man having come from unconscious, lifeless, chemical effervescence? The New Messianic World Message has come not only to meet such a challenge, but also to reveal to humanity the True God Who is an Undeniable Truth. The New Message asks, with what do you reason? Without a Power to reason, could you reason? Then this Power to reason

must be the Fundamental Self-existing Principle.

Now let us state clearly and concisely what we mean to convey. No reason can ever disprove the Power to reason. Even to disprove this Power you will need a Power to disprove. No argument can dismiss the existence of the Power to argue. Even to argue that the combination of things has evolved this Power, is to admit the prior existence of this Power. Then it naturally follows, the Power that enables a man to think that he is a human being, is his True God, beyond all making and imagining. This Fundamental Power has not only manifested man's mind and body out of Itself according to Its inherent pattern, but also has animated them to function and serve as human vehicles. Therefore, we maintain that this Power back of man, and everything in manifestation is the Self-existing, Fundamental Principle.

The New Messianic Message states that you need not search after God any more and adopt tedious methods and practices

to contact and realize Him. The moment you turn your mind to the Power back of your mind and body, you contact your God. You usually limit this Power as your little, personal self. And yet, when you accept It in a universal significance, It becomes All-inclusive All. As human beings, we are the human manifestations of this Power. Therefore, it gives us the prerogative to personify It, because we are Its personified manifestations. When we converse with It in a personal significance, we simply converse with our All-inclusive Self. In our speculative field, we expect our human aspect to fade away the moment we realize the Allness of our Super-Life. Although such a speculation is superb, it is beyond the ken of ordinary comprehension. At the present stage of our existence we are not concerned about our final absorption with the Ultimate Reality. What we are interested in is a natural expression of our present human existence by the help of the Fundamental Principle, here and now. This brings Jesus's teachings very close to us. As the

great Master discarded all speculative philosophies and emphasized the Divine expression of human existence, so we are trying to do likewise. We maintain that the Fundamental Universal Power could not manifest us as human beings only for the purpose of making us lose our conscious identities. Therefore our New Messianic Message proclaims that our human existence here has a definite purpose and that purpose once existed in the Inherent Pattern of the Creative Principle. That purpose is intimately bound up with our today's living and tomorrow's hopes and aspirations. There is no need of our hurrying and worrying to escape the reality of our human existence. There is no need of rushing to lose our identities in the Mighty Ocean of Consciousness. If we wished, we could not do so, because we have not come here of our own accord. We have no control over our human existence. So let us not anesthetize our mind. That which we deny will deny us. The desire to commit suicide is cowardice to escape responsibilities.

We can neither escape nor negate our human existence. The Mighty Ocean of Consciousness, on which we speculate, is all about us. In fact, it is the Consciousness which is acting as human beings. It is our Animating Power. In this sense, we are related to all that is in manifestation. Everything in manifestation is animated, and it possesses a certain degree of consciousness. The more we live harmoniously with all, the more we fulfill the will of That Consciousness. Jesus said, "THE FATHER WORKETH HITHERTO AND I WORK * * * I OF MYSELF CAN DO NOTHING." Why not let the Father help us to do our allotted tasks? The New Messianic Message is not a new religion or Truth, but it is the new revealment of the True God which all nations and peoples can accept. No one can exist without his Life—the Animating Power. Therefore, let us all stand on this common platform. This God is not made. He is the Self-existing Principle in us beyond all assumption and imagination. This revelation also makes our approach to God easier and sim-

pler. The moment we turn our mind to our Life in the universal significance, we contact Him. He is the greatest Light because He is the Life back of our sun. He is the Living, Moving and Knowing God because we live, move and know. The Principle out of which we have come as human beings cannot be less than ourselves. We are the same kind and quality as our Fundamental Source. When we realize that we move because He is moving us, and we live because He is living in us, we find the supreme rest and peace that passeth all understanding. WE NO LONGER WORSHIP A GOD OF OUR IMAGINATION, BUT WE WORSHIP OUR VERY POWER TO IMAGINE GOD.

The Power that animates your mind to think, gives you also all of your grand and constructive ideas through your receptive state of mind. Or else how could you have progressed this far as a human being with your dimly lighted mind? Even today, where do you get your new ideas without any precedent? You get them from the Power back of your mind—your

Ever-active God. To that Fundamental Principle, all beings and things are eternal. But you receive a thing through your time-conscious mind according to your receptivity and therefore you think it is new. The more you depend upon the Power back of your mind and body, the more cosmic ideas flow through your mind. When you drive your limited human mind to create or discover a new thing, you may find yourself up against a stone wall. When, through sheer exhaustion you give up trying, you may suddenly receive a new inspiration. This inspiration comes from the Power back of your mind. The less you resist with your conscious volition, the greater becomes your mental capacity to receive cosmic things.

If you are looking for something great or new, do not try to tear your mind to pieces. Rest your mind and believe it is on its way and that it will reach you when you are ready, and it will come. It may reach you directly or through various mediums. Even through a child's spontaneous remark, or through a conversation with a

friend, or while reading a book, a new idea or inspiration may flash through your mind. The birds, flowers, bees, the sunrise, the sunset, the moonlit night, the storm-swept sky, the roaring thunder, the falling snow, the gentle breeze of spring, or the onrushing bubbling brook, may give you an inspiring message from your God. So do not drive yourself to distraction to get something. What you get in a hard laborious way, you may be unable to enjoy because you may become too exhausted by trying. The easiest way to get all good and happy things of God is to let your Indwelling God bring them to you, or let Him give you the inspiration as to how to get them. What you believe and vision is coming to you, comes. So comes your inspiration. Never undertake to do anything which disturbs your mind. You will do your best creative work when your mind is at peace and in tune with God—the Animating Power. You are never tired, no matter how long you work, so long as you are conscious that you are receiving support from God. **THE HUMAN ASPECT**

OF THE DIVINE HAS THE PREROGATIVE TO CHOOSE BETWEEN THE RIGHT AND THE WRONG PATHS, BECAUSE IT WAS SO IN THE INHERENT CREATIVE PLAN. IF IT WERE NOT SO, MAN COULD NOT DO IT. THE FUNDAMENTAL PRINCIPLE DOES NOT INTERFERE WITH MAN'S CHOICE OF ACTION, BUT PROVIDES REACTION TO BRING A MAN BACK TO THE RIGHT PATH.

Note:—Since you are letting something or some desire of this world control you, why not let God—the Super-conscious Principle in you, control you? If you become a medium of God, you will not only be led by your Super-conscious Father to the right things and places but you will also be able to achieve a great deal more than you are doing now, without any personal worries or responsibilities attached to it. When God leads you, you will always know it by your inner peace. No matter in what plight you may find yourself, do not worry. Always remember God is leading you. Maintain your inner peace and calmly look for the next move.

YOU AND YOUR MIND

Your mind is your most important instrument. Without it you would not know that you are a human being. Without it you would not be conscious of the existence of anything. You mentally enjoy and mentally suffer. You mentally conceive an idea and mentally realize it. Your ideas of good and bad become a reality to you only through your mental acceptance. With your mind you have the prerogative to reject anything that you do not want, or to accept anything that you desire. If you are unconscious, you will not realize the existence of a thing near at hand. And yet, without the Animating Power back of it, your mind cannot function. When you vision this Power controlling your thoughts and emotions, your mind automatically accepts that mandate. That is the supreme way of controlling the mind.

At early dawn upon awakening, look at

your mind and decide what you expect it to accept. Then let the Animating Power command it to accept it. The best procedure is to fill your mind with the Lighted Presence of God and ask this Presence to regulate your mind according to your desire. If you want your God to help you to ease your pains and aches, ask Him to do it, and He will do it. Only realistically and actively vision He has begun the work. After that, withdraw your mind or do something else. You must not interfere with God's work by anxiety and worry, but you should co-operate with Him. Detach yourself completely, knowing that the work is progressing. If you want your God to help you do a certain thing during your wakeful hours, at early dawn let Him repeatedly say, "I WILL HELP YOU. BELIEVE ME AND REST YOUR MIND." Realize this Truth actively, that is, feel it, and it will be so. During your activities, if you become conscious that God is helping you, you will obtain phenomenal results. Do you want to be kind, happy and loving? Then ask your God to help you fill your

mind with those qualities. And realistically vision and actively feel that He is fulfilling your desire. That which you believe and vision you are receiving, you receive. All the positive qualities of which you are conscious, are the holy attributes of God. You can also mentally absorb them from His Lighted Presence in you—in your mind and body, and feel charged with those qualities. All positive qualities are Spiritual Substance. They have a medicinal effect on you.

Note:—KEY TO MEDITATION. Upon awakening, or at any time before meditation, have a talk with your mind as to what it should accept or what it should not. In a similar manner you should talk to the sub-mind of your body-cells and organs, and let it agree with you. Since all your conditions and experiences become real to you through your mental acceptance, it is essential that you prepare your mind for meditation. In your meditation vision the Super-conscious Lighted and Living Presence in your mind and body with Its radiation in all directions. At once hold a conversation with It regarding the things that you want or what you want It to do. It will make your realization of God vital and real. Therefore we suggest that you always link your meditation with communion. You should remember that you are living here as a self-conscious mental being. Your so-called physical life is also mental in its actions and reactions. That is the

reason, without your mental recognition, your physical actions have no meaning to you.

SUPER-MEDITATION FOR ADVANCED STUDENTS. Since without the Power back of your mind and body, they cannot function, identify yourself with this Power—the Lighted Presence in you, and you will have dominion over your mental and physical actions and reactions. This Power in you in Its Divine and human aspects is ever free. As the sun is never affected by the conditions of this earth, so your Spirit—the Animating Power, back of your mind and body is never affected by your mental and physical conditions. But when you identify yourself with your mind and body through your race belief, you accept all of your mental and physical negative conditions as yours. In fact, you create them through that belief by thinking and acting accordingly. Your mind and body through which you function on this plane are your vehicles. When you identify yourself with the Animating Power back of you, no negative suggestions or so-called black magic ever can touch you. Such a meditation is also helpful when you let your Super-conscious Power remedy and readjust your mental and physical negative conditions.

THE ABSOLUTE MEDITATION. Here we vision and realize that the entire space is the Super-conscious Lighted Presence. And It is saying to us: "I AM THE ABSOLUTE AND ALL. ALL MANIFESTATIONS ARE MY SELF-MANIFESTATIONS." Such meditation may appeal to those who have retired from all activities of the world or to those who want to feel the freedom for their just actions by attributing the whole drama of life as belonging to One Universal Spirit. There is no denying that such meditation has tremendous power to make a man dar-

ing and free. He says to the Universal Spirit, "All that I am, and all that I have is yours, Lord."

Upon retiring, make up your mind what you want your God to do for you during your sleep. Do you want Him to renew your body-cells in any organ or afflicted part? Then ask Him to do it. Believe and vision He is bringing new cells through the old cells. If your mind is negative and lacks vitality, then let God repeatedly speak to you, "I AM VITALIZING YOU. BE VITAL BY ABSORBING MY RADIANT PRESENCE." And then feel that your mind is becoming charged with the Vitality. When you translate feeling, it becomes a reality to you. Your entire emotional life is regulated by feelings. So do not fail to vocalize the quality that you want to feel. We have already stated, if you nurse a positive quality, it grows in you. The same thing is true of a negative condition. Do not invent excuses to nurse a negative condition. If you do, it will simply prolong your misery. As long as you vision that a positive quality is growing in

your mind and body, it will grow. If you lack faith, then vision that God is giving you that faith. No one else can do it for you. If you continue to vision, believe and assert, in time all of your positive beliefs and assertions will become true. In the meantime, no matter what happens or comes, always know you are gradually arriving at your predestined goal and that your Indwelling God is working out your salvation. Nothing happens suddenly. God always works through your law of cause and effect for your redemption. The moment you make self-surrender to your Life Ever-lasting, you at once become free from the bondage of worry and fear.

Note:—Since human existence here is a continuous play of mind, some people like to carry the word mind all the way through. They claim they find their work easier by letting their Super-conscious Mind dominate their conscious and subconscious minds.

Remember that no negative condition is greater than your God. Since you realize a condition with your mind, nothing can be greater than that which animates and sustains your mind. If ever there arises a con-

flict between a negative condition and a positive resolve of your mind, stand firmly by God and ask Him with all the might of your soul to drive it away. Vision that the negative condition is leaving your mind before the Lighted Presence of God. Remember, suggestive value of a negative condition is very powerful to your believing mind. So do not let a negative condition or disease fasten on your mind making it an incurable reality. In this ever moving progressive world, today's wise conclusions will be discarded tomorrow like many other superstitious beliefs.

THE MYSTERIES OF THE DEAD PAST AND THE LIVING PRESENT

All mysteries have their fascination. Man rushes into them as the moth rushes into the flame. But all mysteries are not dangerous, the Divine Mysteries for instance. When you know God, they are revealed to you without your seeking. Only that which decoys you into dim dark recesses of the past may be dangerous.

When you become a captive of the past mysteries, you lose your present opportunities to go forward. In the hollow tombs of yesterday you simply find the skeletons of the dead past. They execute for you the dance of death.

In your human life, that which you accept to be inevitable, becomes inevitable to you. If you believe your past deeds are haunting you and that they are ready to pounce upon you at any moment, perhaps you will go through with that experience. We

do not deny the law of causation. We simply explain its purpose. Its purpose is to rehabilitate you in your rightful place as a son or daughter of God. The moment you accept the Ever-present God and become converted, nothing of your past ever can touch you. Therefore St. Paul said, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death."

But you will never be free if you constantly dwell upon your past. The only way you can ever be free is by surrendering yourself to the Ever-active Principle in you. But when you uphold a negative philosophy to justify your weakness, or a wretched condition, you defeat the purpose of the Universal Law of adjustment. Remember that your morbid curiosity to study the mysteries of your bygone past will not improve your lot. You are likely to be caught in the labyrinth of the nightmares of your prehistoric forebears. Black

magic or voodoo worship is not worth studying. As darkness disappears before light, so your ignorance disappears before Truth. That Truth is God.

That which you believe and vision becomes real to you. Are you visioning the happy things and good things of God, or the darkness of negative conditions of the world? What you want to believe and do believe is your own affair. No one is trying to stop you. It may be illuminating to you, if you occasionally look at yourself in the mirror and study the reflection. You have the prerogative to change your mental picture. If you do not know how to change it, then ask your Indwelling God to change it for you. You simply believe and vision that the change is taking place according to your desire, and the new mental picture. In a few days you will notice a change. Everything will depend upon how strong your faith is in the Power of God to bring about a change in you. Pray to God to give you that faith. Remember, that which you feel, becomes real to you. Therefore, actively ask your God to change

you and see that change is taking place in the presence of the Ever-active God. Do not accept God's action passively. In practice, imagine that God—the Animating Power back of your mind and body, is saying to you in a thunderous voice, "I AM CHANGING YOU, OR I AM HEALING YOU. VISION IT NOW." Your answer in equal vehemence, "Yes, Lord, I am visioning that you are changing me." If it is necessary, you may even vocalize it until you begin to feel the change taking place. This suggestion is made for those whose mind is passive.

If you wish a quick result, you should learn to co-operate with God, that is, when you imagine God commanding a negative condition to depart, you should also command it to depart. Similarly you should command with God for a positive condition to come and it will come. But you must realistically vision a condition either departing or coming. It will vitalize your mind.

PHENOMENA AND TRAINING OF MIND

We judge a person by his behavior, thoughts and actions. It is needless to say our judgment may often be wrong. It is true we see a man's action and not his thoughts. Sometimes even an action may be deceptive. A person may act contrary to his finer nature to cover his feelings. Sometimes the conflict between two dissimilar and inharmonious natures may make a man act adversely. We also know how a frustration or a discouragement or a mistreatment in early life may throw a nature completely out of balance. We are not speaking here of abnormalities developed by some physical injuries, nor are we speaking about pathological imbecilities, but we are referring to pure and simple psychological cases. Our observations and studies have revealed to us that there is no such thing as an absolutely bad person.

Most of man's badness is superficial; underneath, his fundamental nature is sound. It is easier to build a man up from his fundamental goodness than to correct his his badness.

A behavior pattern is not inherited; it is acquired. An impression at first affects our conscious mind before it becomes a subconscious habit. Take for instance a poor memory. What is it? It is an impression a man accepts with his conscious mind that he cannot remember a certain thing. Later it becomes his subconscious belief. This belief can easily be remedied by mental means. First personify your mind—that is, treat your mind as a personified entity. Then talk and reason with it. Tell it that if it so desires, it can remember everything. As by wanting to forget, it has developed a poor memory on a certain subject, so by wanting to remember it can develop a wonderful memory. Then let your mind say, "I will have a good memory." Also imagine God—the Ever-active Principle in you, is helping your mind.

By treating your mind as a distinct con-

scious entity, you can do more with it than by old time affirmations. The metaphysicians of the past made their work harder by including themselves with their minds. Take for instance the developing of a good memory. They would affirm, "I have a good memory, or I am spirit, or I am a perfect child of God—I cannot have a poor memory." Thus they would become so involved with their mind that they would unwittingly attribute all their mental defects or negative beliefs to their Ever-free Spirit, or to their idea of a perfect child of God. They overlooked the fact that most of our mental behaviors are acquired habits, and that those habits have nothing to do with our Fundamental Being.

By making your conscious mind a personified friend, you can do a great deal more with it. Its subconscious nature may occasionally rebel. Even that you can control by subordinating it to your Super-conscious God, that is, by asking the Lighted, Animating Presence in your mind and body to subdue it. Let me give you a concrete illustration. For instance, you have

agreed with your conscious mind that you will not bear ill will toward anyone. Everything may seem to be quiet and peaceful. All at once somebody does something to you to raise the devil in you. Your forefathers' blood cries out for revenge. Even your conscious mind is unable to cope with this subconscious upheaval. Just for the moment your reasoning fails. That tremendous earthquake produced by the untrained and untrammelled subconscious shakes your conscious mind out of its wits. Your conscious mind is swayed and convulsed with your subterranean subconscious. To meet such an eventuality you should prepare your Super-conscious to take care of your subconscious at early dawn or upon awakening. Gradually, your Super-conscious will get perfect control over your subconscious. If you find your conscious mind helpless and at the mercy of your relentless subconscious, then you should invoke the Power of the Super-conscious to take care of it. At such a time, you should speak to your conscious mind to the effect, "My mind, you are unable

to function without the Super-conscious Power. Obey Its command." You will notice at once a peace will settle upon it.

Note:—Students of Truth will obtain better results while treating their mind and body by mentally standing aloof as an ever-free Spirit.

Pains and aches are the subconscious functions of body-cells. Before you turn over your cell-subconscious to the Lighted Presence of the Super-conscious, have a friendly chat with your personified mind and ask it to co-operate with the Super-conscious. Then let it say that it will. Remember, the more graphic your realization as to your conscious mind being a distinct entity, the greater will be its efficiency and co-operation to deal with many surface problems. For instance, you are unhappy because without giving credit to the New Messianic Message, someone is using many of its wonderful discoveries and giving the impression that those discoveries are his own. Now talk to your conscious mind and tell it not to worry about it. The Super-conscious will adjust all conditions. You will soon find mental peace. A disturbed

state of mind does not belong to your Fundamental Being; it is a negative mental state. What of it, if someone broad-mindedly helps himself to your good thoughts or practical ideas? In the first place, in the field of Truth it has been an accepted practice. In the second place, everybody must live somehow and at the same time preserve his dignity and name. As long as he lives by doing good, thank the Lord and you will receive your reward manifold. Do you not see, the more open-minded and unselfish you are the more God's inspirations flow through your mind? Also God's abundance follows you. Do not complain; do not be envious, only be thankful for the blessed privilege of serving in the Lord's vineyard. Let everybody have his full share of reward. I mention this because some enthusiastic students may be tempted to raise that question. Let us all forget the past and look forward in the Illumined Presence of God. Christ said, "LET NOT YOUR HEART BE TROUBLED, NEITHER LET IT BE AFRAID."

If ever your conscious mind tells you

through the subconscious prompting that you are self-conscious, or you are weak, or you cannot express yourself clearly with the freedom of consciousness, you can readily remedy this defect by having a friendly chat with your mind. Tell it, "In God—the Animating Power back of you, there is no defect. Therefore God wants you to accept the opposite." Let your mind agree to that. Then you realistically vision that your mind is receiving the desired quality from God. In a few days' practice your subconscious will adjust itself with the realization of your conscious mind.

Note:—No matter in what plight you may find yourself, let the Lighted Presence in you strengthen your mind. Before and in action, always feel the support of your Super-conscious God—the Animating Power back of your mind. As electricity driving a machine is never affected by the performance of the machine, so the Animating Power that animates your mind is never affected by the thoughts of your mind.

We have already stated that you experience and feel all conditions with your mind, and that which you accept with your mind becomes real to you. You should bear in

mind, here we are not presenting a speculative philosophy, but down right practical methods for your demonstrations. In a few days you can prove our assertions.

Many spiritual and metaphysical teachers make a great mistake in laying special stress upon an intellectual discourse. After awhile, their work becomes laborious and a hard grind. They uselessly wear themselves out. So we request all our teachers to give practical talks which people can understand, take home and practice. When your followers' demonstrations become vital and practical, you need not worry about their support. If you speak simply about what you believe and what everyone can understand and prove, you will gather tremendous force back of you. Do not employ artificial means to hold your people. If you do, you will not only tire yourself out, but also those who sincerely follow you. Let God's message flow through your consciousness to the hearts of your audience. Do not take any credit upon yourself for your meritorious actions. Let God the Living Power in you have the credit.

It will keep your mind always free, ready and open.

In treating or helping others, vision the positive picture of them. Remember that your mental attitude or picture of others is transmitted to them when they are receptive. Everything in this universe is made up of Substance. Your mental picture is not an exception to the rule; it is also made up of a substance of the quality of your consciousness. Even the healing Substance that you project from the Lighted Presence of God is the Illumined Creative Substance. If you tell your patient that It will light the afflicted part of his body and linger there as long as he visions, that Light will have a medicinal effect upon him. If he believes and relaxes his mind on that thought, he will obtain a phenomenal result. When God's Light flows through your mind, It may light another mind. It is not only stimulating, but creative. With proper understanding and realization, if you vision that the flow of Creative Light is passing through your

mind and body and reaching another person, it will be so. If the person is receptive, he will experience a positive change. Your mind is an active dynamo. Its radioactive energy can be scientifically demonstrated. Another thing you should also remember. When you turn your mind and body over to God to treat their negative conditions, you must not interfere by trying to treat yourself, although you may believe all means and methods are God's means and methods. You should co-operate with God; and after treatment you should either rest your mind or divert it. You must stand by your bargain with God at all costs. It is your part to know that the healing work is progressing and it is God's part to do the work. It is fair enough. As long as you remember that no condition can be greater than your God—the Animating Power back of your mind and body, you will have no difficulty in obtaining results. By all means relax and let go of your mental hold upon your disease. That which you mentally hold will hold you. Vision that there is no disease in

your mind, and the outer manifestation of the disease will gradually disappear. Such will be the chemical reaction in your body.

Note:—To eliminate the fear of the recurrence of a negative condition, dwell upon the following thought:—If God could stop my pain or ache, or any negative condition for a short while, He can certainly stop it for any length of time or permanently. The result depends upon my mental acceptance of that fact.

AMULET OR CHARM, AND THE ILLUMINED FAITH

Everything has a magical effect on you if you believe in it. Your own attributed qualities will react on you. Whatever mental release you find by using a thing is not due to the thing itself, but an idea that you associate with it. In humanity's childhood, when man was groping in the dark, he understood very little of himself and less of his surrounding objects. He was afraid of many things. Anything that was supposed to protect him was magic to him. Thus the good luck charm was originated. Yet this charm worked, and still works because it bears a reassuring message to some people. Such is the power of one's belief.

Whatever man believes becomes a reality to him, and through his believing mind the Fundamental Principle works. It is not a scientific explanation, I grant you. But

this view is based upon the preponderance of evidence. For instance, under stress when man forgets himself, he performs supernatural feats. During a great fire or earthquake it has been seen that man does things which ordinarily he could not do. For instance, he may carry a man twice as heavy as he is to a place of safety without any difficulty. Even on a battle front a puny little man is often seen carrying uphill a machine gun and ammunition twice as heavy as he, or he is carrying a wounded buddy—sheer dead weight, to the rear. It is said that such a feat is due to one's complete self-forgetfulness. It seems that when man forgets himself and his personal limitations, Something greater than himself begins to work through him. This Something must be man's Super-conscious Self—the Infinite Reservoir of Power. When the lid of personal limitations is removed from man's mind, his Super-conscious Power flows according to his carrying capacity.

There are two ways a human being can forget his personal limitations, one is un-

der terrific outside pressure and the other through his faith or belief in something. His belief in something relieves him of his personal worry and fear, releasing his Super-conscious pent-up Energy. In other words, it removes the stopper from his mind for the Cosmic Energy to flow through him. For instance, here is a man who, due to his subconscious inhibitions believes himself to be weak and helpless. His frustration is haunting and tormenting him like a mythical ghost of a haunted house. All at once he finds something to depend on — something whose mystery promises to bring him power and success. He grabs it. He is the right subject for such an idea. He has enough superstitious beliefs collected in his early childhood and youth to prompt him to accept anything which promises everything and asks no questions. It is the magic name of charm or amulet which enchants and captivates his imagination. He accepts such a mystic thing with an unquestioned mind. At once he finds peace and confidence, also a release from worry and fear. He says to

himself, "Ah—now, this charm is going to work for me and nothing can stop me." Then good luck follows him for awhile. Through his blind faith he has opened a faucet of his mind for the Super-conscious Power to flow through and act. The Super-conscious always acts through man's believing mind. But it cannot act forever if man begins to act contrary to Its Nature. Sooner or later, reactions are bound to follow. These negative reactions deal his blind faith a telling blow.

When man acquires powers through his blind faith, he always loses his rational perspective. He becomes egomaniac and vain-glorious. He believes and thinks that he is an extraordinary person. Therefore he can do no wrong. He takes a morbid pleasure in riding rough-shod over the sentiments of other people. That is the beginning of his undoing. Once his faith begins to waver, he cannot rebuild it. He does not know how to recapture the first thrill. In his blind faith he finds no substance to revive his dying hope. Without

a definite knowledge, no one can forever anchor himself to something unknown.

Now you can contrast it with a faith in the Fundamental Principle which is back of you. In the first place, It has brought you here out of Itself. In the second place, It is sustaining you and acting through your various and varying conditions. It has manifested your organic cells to build your body. It therefore knows how to rebuild and reconstruct your body again. It is continually giving you new ideas and inspirations when you are receptive. With so much Power and Potentiality It cannot fail. It can revive everything,—yea, even your dead hope and tottering faith. If only you believe and ask, It will restore your faith. If you believe in It, there is not a thing It cannot do for you. If your mind and body are weak, ask It, and It will make them strong. If you need friends, ask It, and It will bring them to you. If you need means to do some constructive work, make your desire known and you will have the necessary means. Jesus said, "IF THOU CANST BELIEVE, ALL

THESE THINGS ARE POSSIBLE TO HIM THAT BELIEVETH." Do not doubt in your heart—do not be over-anxious. Everything that you ask for you will receive, not in your time and in your way, but in God's time and God's way.

Note:—What you are today is the sum total of your past beliefs. You believe a thing with your mind. What you make your mind believe it will believe. Then why not make it believe that the Power that is moving this vast complicated universe and animating your mind and body is infinitely greater than all your speculations to discredit It. By believing in the greater things of life, you learn to enjoy greater things. Your every conscious and unconscious effort to expand your vision is God's effort through you. God is your Life with Its conscious and Super-conscious functionings. Come closer to Him.

MAN AND HIS PROVIDENCE

God is the greatest Architect in this universe. Look at the vast cosmos; what wonderful architecture this is! Billions of suns and trillions of planets and satellites are all moving in orderly precision. Do not tell me that they are accidental chemical products and that they are moving by their own chemically generated power, yet making no mistakes. And that the orderly intelligence behind them is merely a supposition and that the monkey-like man in this infinite realm of creation is the only intelligent entity. And that his mathematics and calculations can determine everything. Such an idea can only be entertained by a colossal egotist. This microcosmic speck of dust we call our earth is not a very big thing in this incomprehensibly vast, infinite creation. Yet man wants others to believe in the thing which he himself cannot understand—his theory of creation. Unless he recognizes and realizes

the Almighty Power back of him, he will never find himself. If a microbe had tried to count the grains of sand on all the sea-shores, we would have laughed at it. If a man tries to compute the number of heavenly bodies and tell their future, we think he is a wise man.

Yet there is merit in such an adventure. It widens his mental horizon. In the meantime, he discovers many wonderful things about the universe in which he lives. It also gradually leads him farther away from himself, making him conscious of Something greater and infinitely bigger than himself. This Something is more than a mere mathematical God. It is an Intelligent Providence. In Its countless multifarious creations, It has not neglected a single thing. It has provided for normal expression of all living things. As countless creatures are coming, so countless others are disappearing. Are they all falling back on the Omniscient Bosom of the Infinite Life and reappearing again somewhere to demonstrate their immortality?

The answer is not necessary, it is self-evident.

As human beings, what a small part we all are playing in the totality of creation. Nevertheless we cannot say it is an unimportant part. Nothing is unimportant in this universe. Yet, we cannot claim a single thing as our own. We have built, we have created, we have lived and loved throughout all the ages. But all things that we have needed for our creative expressions have been provided for us by Providence. Through the primeval forests, through the caves, through Babylon, Egypt, Greece, Rome, Carthage, India and China, human beings have marched on and they have found everything they have needed on their journey. Even in our today's life, everything that we need and look for, we find. It is not only true of our great ideas and inventive genius, but also of all the inspirations and directions that we may need for our self-expression. What is new to our earthly life must have been eternal to the Self-existing Principle. Our positive and natural desires and aspira-

tions and their fulfillments must also have been in the Providential plan.

“Where and how can we find all the desirable things that have been ordained for us?”, it has been asked. We can find them in the infinite extension of our Life—the Animating Power. Its Lighted Presence as far as we can see, becomes our spiritual empire. In this empire, we can mentally contact our desired objects and enjoy them as our own. Whatever we enjoy and believe as our own, becomes ours. Apart from It, we possess nothing, and a thing has no value of its own. Even our friends and comrade souls exist in the Illumined Presence of God. If we do not mentally contact and recognize them, no matter where they may be, they do not exist to us. Realizing their presence in God whenever we give them a call, they come to the visible sphere of our life. If we have the realization, we may give them a call along with God—the Lighted Presence in us.

The things that we believe and vision coming to us, come. We are never sure

whether or not they are right things for us. Therefore we ask God to bring our pre-ordained desired objects to us so that there can be no mistakes. I have already stated that the things that we vision and enjoy in the Illumined Presence of God are ours. But in the objective plane confusion is likely to occur. We may be deceived by the appearance of things. We may make mistakes in our judgment. But when we trust in God, our desired objects come to us through the path of peace and we recognize them. We refuse to accept anything that creates conflict and uneasiness. People, conditions, things or works in which we naturally find perfect joy and peace are ours.

You should always remember, God is forever trying to help us either directly or through His agencies. These agencies are not far from us, although we mutually may not be conscious of one another's presence. Often on account of our fear, worry and distrust, we fail to contact or to recognize our heavenly appointed agencies. If we trustingly give them a mental call and

believe they are coming, they will come. We may meet them under various circumstances. Such is the mystery of human life as revealed by Jesus the Christ. "IF THOU CANST BELIEVE, ALL THINGS ARE POSSIBLE TO HIM THAT BELIEVETH." We are all living in an animated world. Here, there is not a thing that is not alive. Our mind is constantly contacting living things and beings on its own wave length, just like our radio. If we believe, our mind can draw the kind of persons and things we like to associate with and enjoy. But when we break the law of God by our greed and selfishness, this privilege of free selection is denied us. The Universal Law of justice never fails and never makes a mistake. And yet after all, all good things and happy things are ordained for us in accordance with God's pre-arranged plans. If anything makes us happy, we are entitled to have it. But under no circumstance should we interfere with anyone's happiness or rob him of his freedom. By mutual agreement, whatever we give and take before God be-

comes a covenant. It is holy and binding; it should not be broken. All our business ethics, social and domestic ethics should be based on spiritual covenants. It would remove all corruption and deception due to selfishness and greed. But when we look to God, we find all things that belong to us. We need not deprive anyone of that which belongs to him.

Note:—During the period of adjustment, we should vision that all good things of God are flowing to us. It will keep our anxious mind busy and free from worrying.